Located in Downtown Buffalo,

Terrace House offers an alternative to hospitalization for drug withdrawal management and stabilization services. Our 68-bed residential facility provides 24/7 care to ensure safety and support for all patients. We offer a comprehensive multidisciplinary team approach based on the highest professional standards. Staff members hold various professional degrees including medicine, psychiatry, nursing, social work, mental health counseling, alcohol and substance abuse counseling and art therapy.
When you or someone you love is ready to stop abusing substances, the symptoms of withdrawal can be overwhelming and oftentimes may lead to relapse because the sickness can be severe and uncomfortable. Terrace House offers a safe place for medically supervised withdrawal (detox) from substances such as opiates, alcohol and/or benzodiazepines.

**TREATMENT INCLUDES**
- Development of skills to manage addiction, thoughts and cravings
- Coordination with medical providers to prescribe needed medications
- Interventions to stabilize patients’ mental and physical health conditions
- Incorporate family and community support systems
- Aftercare planning

**Detox**

Our medically supervised withdrawal (detox) program provides 24/7 medical and nursing staff to safely withdraw patients from substances of abuse. Patients receive medications and individual and group treatment to help them with their symptoms, and are linked at discharge to ongoing treatment to stabilize their newly established abstinence.

- Medication protocols utilized to assist with safe detoxification
- History and physical conducted by medical provider
- Clinical interventions through individual and group therapy
- Referrals and linkages to appropriate aftercare treatment programs

**Stabilization**

Our stabilization program serves patients who are not experiencing acute withdrawal symptoms, but require personalized and holistic care in a residential setting to support their ongoing recovery. Each patients’ length of stay is dependent on their specific needs, including those for their addiction, physical health, mental health, and family reintegration.

- 24/7 medical and nursing staff available
- Psychiatric assessment and medication assisted treatment (MAT)
- Individualized counseling service
- Specialized group therapy
- Family counseling and education groups
- Wellness classes
- Opiate overdose prevention training for patients and loved ones
- Recovery Coach services
- Assistance with linkage to aftercare programs