Terrace House is a 68-bed residential medically supervised substance withdrawal and stabilization program.

Our Medically Supervised Withdrawal (Detox) program provides 24/7 medical and nursing staff to safely withdraw patients from substances of abuse. Patients receive medications and individual and group treatment to help them with their symptoms, and are linked at discharge to ongoing treatment to stabilize their newly established abstinence.

Our Stabilization program serves patients who are not experiencing acute withdrawal symptoms, but require personalized and holistic care in a residential setting to support their successfully initiating an ongoing recovery. Each patients’ length of stay is dependent on their specific needs, including those for their addiction, physical health, mental health, and family reintegration.

Treatment includes patients’ developing the skills to manage their addiction thoughts and cravings, coordination with medical providers to prescribe needed medications, interventions to stabilize patients’ mental and physical health conditions, the incorporation of families and community support systems, and aftercare planning.

Terrace House offers a comprehensive multidisciplinary team approach based on the highest professional standards. Staff members hold various professional degrees including medicine, psychiatry, nursing, social work, mental health counseling, alcohol and substance abuse counseling and art therapy.

Our Mission
Together for Recovery.

For an appointment or information, please call (716) 831-1800
www.horizon-health.org

Follow us.
Services
- Clinical staff available seven days a week
- Mental and physical health screenings
- Referrals to Health Homes
- Therapy dogs on site
- Coordination of care with outpatient medical and counseling treatment providers
- Introduction to the self-help community
- Psychiatric assessments

Prescription Medication
- Delivered on site
- Covered by most insurance companies

Resource Advocacy
- Assistance with obtaining medical coverage
- Assistance with applying for public assistance
- Assistance in exploring managed care plan options

Stabilization Services
- 24/7 medical/nursing staff available
- Psychiatric assessment and medication assisted treatment
- Individualized counseling services
- Specialized group therapies such as DBT, CBT, men’s and women’s groups
- Family counseling and education groups
- Wellness classes including yoga and meditation focused on improving physical and mental health
- Opiate overdose prevention - Narcan training for patients and families
- Recovery Coach Services
- Assistance with linkage to aftercare programs

Medically Supervised Withdrawal
- 24/7 medical/nursing staff available
- Medication protocols utilized to assist with safe detoxification
- History and physical conducted by a medical provider
- Clinical interventions through individual and group sessions
- Referrals and linkages to appropriate aftercare treatment programs

Family Programming
Families are encouraged to participate in their loved one’s recovery. Educational groups are offered to family members twice a week. Please contact your loved one’s counselor to schedule. Family sessions are also provided.

Contact our Admissions Department for more information at 716-831-1800. Self and third party referral applications are available online. Visit horizon-health.org for applications or for more information. Our services are covered by most major health insurances.