



FOR IMMEDIATE RELEASE
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HORIZON HEALTH SERVICES ADDING NEW PROGRAM, STAFF

Half of adolescents with drug and alcohol problems also have mental health issues

Buffalo, NY - Horizon Health Services is introducing two new services to its most recently opened location, the Family Recovery Center in East Amherst. The Center, which currently provides addiction counseling with a focus on adolescents and young adults, is adding both adolescent psychiatry and mental health services.

The adolescent psychiatry program is designed to aid in the treatment of adolescents who have both a chemical addiction and mental health issue. The program will be overseen by Shabrin A. Haque, MD, new to the Horizon staff.

“It is important that adolescents with drug and alcohol problems also be assessed for mental health problems such as depression, ADHD and anxiety,” says Horizon President and CEO Anne Constantino. “We are fortunate that Dr. Haque has agreed to work with us in evaluating and developing integrated treatment plans.”

Teens who are dealing with both addiction and mental health issues are referred to as dual diagnosis. While more than half of the youth treated for chemical addiction have a dual diagnosis, few treatment programs currently have the resources to assess and concurrently provide the necessary psychiatric services.

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Dr. Haque

“The earlier we can evaluate and intervene, the more effective the treatment,” says Haque. “This is better for the child, their family and our community.”

Dr. Shabrin Haque has been part of the Rapid Pediatric Psychiatry Consultations at University Psychiatric Practice (UPP) at the University of Buffalo for the past three years. She completed a fellowship in Child and Adolescent Psychiatry at the University as well. She received her MD from J.J.M. Medical College in Davangere, India. Dr. Haque lives in Williamsville, NY.

In addition to the adolescent psychiatric services, the Family Recovery Center is also providing mental health counseling to adolescents, young adults and adults. For further information or an immediate appointment, call 831-1800 or visit www.horizon-health.org.

About Horizon Health Services

Horizon Health Services is the largest and most comprehensive provider of fully integrated mental health and chemical dependency treatment and recovery services, with 12 outpatient clinics serving Erie, Niagara and Genesee counties. In addition Horizon Village, a 50-bed inpatient facility operates in Niagara County, where a Veterans Treatment Facility and Wellness Center are under construction on the same campus. 2010 marks the second consecutive year Horizon has been named one of the *40 Best Companies to Work for in New York*. For more information about Horizon, visit www.horizon-health.org.

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Attachment: Dr. Haque photo



Haque Appointment Release

Media List

The Buffalo News

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Amherst Bee

Clarence Bee