

Welcome to Horizon Village!

You have taken the first steps toward making a commitment to changing your life forever – I want to congratulate you for your courage, and let you know that we understand how difficult this process can be. The staff at Horizon Village is dedicated to you and helping you to build the foundation for your recovery, one step at a time, and one day at a time.

This brochure is simply to provide you with a quick overview as there are probably many questions you have about your stay with us. Hopefully as you review its contents it may answer a few of your questions. Later in the day you will be given a Handbook that provides an overview of life at Horizon Village in greater detail, and to orient you to our state of the art program that has been designed to give you the tools and support that you will need to succeed in your goals.

The staff at Horizon Village is committed to helping you start on the road to recovery and to get back to the life that you want. Again, welcome to our community, where recovery begins!



A quick look at Day One

Welcome

Meet the support staff and cover initial identification paperwork.

Safety first

Urine sample and search of belongings.

Say AHHHH!

Meet the nurse and discuss your health and well being.

Hello, my name is...

Receive your nametag and your group assignments.

Who's your buddy?

Meet your own personal guide.
Get a resident Handbook.

Alphabet time

Meet and greet your:
PC (Personal Counselor)
RA (Resident Aide)
FC (Financial Coordinator)

Check in

Visit your room and unpack your belongings.

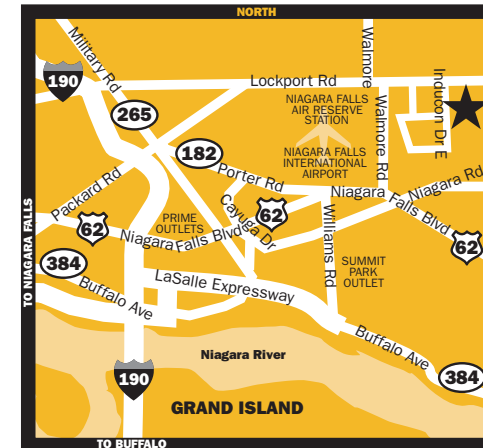
Our Mission

Helping individuals and their families achieve health and recovery for a better tomorrow.

Our Philosophy

The Horizon Village treatment team is committed to providing you with professional assistance for your recovery. We support your right to be treated with the utmost dignity and respect.

It is our goal to assist you in stopping the progression of your disease and to help you in the development of a step by step recovery process that is created through shared experience, strength, and hope. The primary goal of treatment is to establish the foundation upon which your recovery can be built.



Horizon Village is located in the Town of Wheatfield (Village of Sanborn) in Niagara County, New York.

From Buffalo I-190 North toward Niagara Falls. Take Exit 23 and turn right onto Packard Road. Packard Road becomes Lockport Road. Turn right onto Inducon Drive East.

HRIZON
VILLAGE

6301 Inducon Drive East, Sanborn, New York 14132

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www.horizon-health.org

THE FIRST FEW DAYS

The residents and staff of Horizon Village would like to welcome you to our facility.

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VILLAGE

When you arrive you will meet with our support staff. You will be asked to provide photo ID, health insurance card, social security card and birth certificate. After making copies of all of these items, they will be returned to you, with the exception of the insurance card. Your insurance card is kept in the financial office until your discharge. You will also be asked to provide some basic information about yourself.

Before you can enter the community, you will need to provide a urine sample. Our goal is to ensure the safety of all our residents and staff. We make every attempt to complete this process quickly so you can integrate yourself into the community as soon as possible.

You will continue the admission process with a visit to the nurse's office. The nurse will complete a nursing profile with you, discuss medical issues you may have, and review any medications you may be taking.

You will then be assigned a buddy. Your buddy will be your guide for the first week. The buddy is responsible for giving you a tour, introducing you to residents and staff, escorting you to meals, explaining the schedule, and answering your questions whenever possible.

At this time you will also be given a nametag and a Horizon Village Handbook. A section of the handbook explains the rules and regulations of the facility.

Please take special note of the section, which lists rules and regulations that if broken, may require an immediate Administrative Discharge. This list is very important so it is also duplicated later in this pamphlet.

The handbook and rules will be more fully explained during Handbook Orientation. This will be one of a number of orientations you will attend explaining various aspects of treatment along with safety and health issues pertinent to your stay here.

Shortly after arriving you will also meet with someone from our financial staff to start organizing your insurance matters. If you need to apply for Department of Social Services benefits, the procedure will be explained to you.

At some point during the day, you will be shown to your room and a Residential Aide (RA) will assist you in unpacking to ensure that there are no prohibited items in your belongings. At that time you will be given your linens (sheets, blanket, towels, etc.).

Upon completion of the admission process you will be invited to attend programming. You will be given a schedule indicating groups and activities based on the letter and number designation on your nametag.

- *The first 14 days of your stay you will participate in "eclipse."* During eclipse you will not be allowed to use the telephone or attend any off-site meeting or activities. The purpose of eclipse is to give you time to become acclimated to the facility, the schedule, and your treatment without any outside distractions.
- *On your 15th day in treatment, provided you are progressing well, you will be given a red dot to put on your nametag.* This indicates you can now use the pay phone during designated times and are eligible for off-site activities.
- *During your stay you will become eligible for increasing levels of privilege as indicated by your nametag color.* Each successive privilege level is earned based on your progress in treatment allowing you more opportunities, such as time away with family. These levels are a helpful tool in tracking your own progress and allowing you to set new goals for yourself throughout treatment. Our tag system will be fully explained by your primary counselor so you will know what is expected of you to attain each new level.

Family Program and Visitors

The family program at Horizon Village is an integral part of the treatment program. Our family program addresses the needs of family members and/or concerned friends who have been affected by the addiction of another. The family program is designed to:

- Help families and friends understand and deal with addiction as a disease process.
- Help families and friends understand the healthiest ways to provide help and support.
- Help families and friends with basic family-oriented listening, communication and problem solving skills.

We encourage family members and friends to visit you during your stay at Horizon Village with prior approval. A separate brochure for visitors will be provided so that they take advantage of visiting hours and understand the rules with which they must comply while on our campus.

Important Rules of Conduct

For the protection of our residents, staff and visitors the following rules must be adhered to by everyone. Suspicion of any of the following behaviors is taken very seriously and may result in immediate discharge, at the sole discretion of the management of Horizon Village.

- Possession or use of illegal drugs or alcohol. Medications, prescribed or over-the-counter, are not allowed in your possession. Horizon Village staff must supervise all medications.
 - Possession of any weapons or handmade items that can be used as such.
 - Sexual contact between residents and/or visitors on site or during Horizon sponsored activities off-site.
 - Theft or damage of another resident's possessions or Horizon Village property.
 - Participating in hazardous or dangerous behavior.
 - Any violence or threat of violence against another resident, staff or visitor.
 - Refusal to accept financial responsibility for services received.
 - Inciting, aiding or taking part in any criminal act, on or off site.
 - Tobacco use.
 - Failure to maintain prescribed medication schedule or refusal to follow recommended necessary medical treatment.
 - Refusal to submit to a urine or Breathalyzer test upon request.
 - Failure to participate with treatment plan.
- Residents administratively discharged or leaving against clinical advice (ACA) will be responsible for their own transportation.

